

3-10 June	10-17 June	17-24 June	24 June – 1 July	1-8 July	8-15 July
<ul style="list-style-type: none"> <li>• Running Camp</li> <li>• Tai-Chi</li> <li>• Sea Explore</li> <li>• Walking Paths of Patmos</li> <li>• Yoga</li> </ul>	<ul style="list-style-type: none"> <li>• Metamorphic Technique</li> <li>• Breathwork &amp; Meditation</li> <li>• Pilates</li> <li>• Yoga</li> <li>• Understanding Change with the I Ching</li> </ul>	<ul style="list-style-type: none"> <li>• Pilates</li> <li>• Tai-Chi</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Tango</li> <li>• Being Business Ready (week 1 of 2)</li> </ul>	<ul style="list-style-type: none"> <li>• Reiki I</li> <li>• Breathwork &amp; Meditation</li> <li>• Pilates</li> <li>• Yoga</li> <li>• Being Business Ready (week 2 of 2)</li> </ul>	<ul style="list-style-type: none"> <li>• Pilates</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Tango</li> <li>• Being a Systems Thinker</li> <li>• Drawing</li> </ul>	<ul style="list-style-type: none"> <li>• Pilates</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Tango</li> <li>• Being an Innovator</li> <li>• Painting</li> </ul>
15-22 July	22-29 July	29 July-5 August	5 August - 12 August	12-19 August	19-26 August
<ul style="list-style-type: none"> <li>• Breathwork &amp; Meditation</li> <li>• Tai-Chi</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Being a Social Media Master Networker</li> <li>• Painting</li> </ul>	<ul style="list-style-type: none"> <li>• Breathwork &amp; Meditation</li> <li>• Tai-Chi</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Being a Servant Leader</li> <li>• Singing</li> </ul>	<ul style="list-style-type: none"> <li>• Pilates</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Being an Innovator</li> <li>• Singing</li> <li>• Ceramics (week 1 of 2)</li> </ul>	<ul style="list-style-type: none"> <li>• Breathwork &amp; Meditation</li> <li>• Pilates</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Being a Systems Thinker</li> <li>• Ceramics (week 2 of 2)</li> </ul>	<ul style="list-style-type: none"> <li>• Breathwork &amp; Mediation</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Being a Social Media Master Networker</li> <li>• Ceramics (week 1 of 2)</li> <li>• Fiction Writing</li> </ul>	<ul style="list-style-type: none"> <li>• Tai-Chi</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Being a Servant Leader</li> <li>• Ceramics (week 2 of 2)</li> <li>• Fiction Writing</li> </ul>
26 August-2 September	2-9 September	9-16 September	16-23 September	23-30 September	30 September-7 October
<ul style="list-style-type: none"> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Being an Innovator</li> <li>• Singing</li> <li>• Drawing</li> <li>• Poetry Writing</li> </ul>	<ul style="list-style-type: none"> <li>• Metamorphic Technique</li> <li>• Pilates</li> <li>• Yoga</li> <li>• Being a Social Media Master Networker</li> <li>• Singing</li> <li>• Painting</li> </ul>	<ul style="list-style-type: none"> <li>• Pilates</li> <li>• Tai-Chi</li> <li>• Sea Explore</li> <li>• Yoga</li> <li>• Tango</li> <li>• Being a Sales Master (week 1 of 2)</li> </ul>	<ul style="list-style-type: none"> <li>• Heart Rhythm Meditation</li> <li>• Tango</li> <li>• Being a Sales Master (week 2 of 2)</li> <li>• Photography</li> <li>• Drawing</li> <li>• Ceramics (week 1 of 2)</li> </ul>	<ul style="list-style-type: none"> <li>• Reiki II</li> <li>• Breathwork &amp; Meditation</li> <li>• Understanding Change with the I Ching</li> <li>• Running Camp</li> <li>• Painting</li> <li>• Ceramics (week 2 of 2)</li> </ul>	<ul style="list-style-type: none"> <li>• Running Camp</li> <li>• Tai Chi</li> <li>• Walking Paths of Patmos</li> <li>• Yoga</li> <li>• Tango</li> </ul>